

Luxurious Homemade Lotion Recipe

Prep time

15 mins

Total time

15 mins

Luxurious homemade ultra-rich lotion with natural oils, beeswax and shea butter.

Author: Wellness Mama

Recipe type: Beauty

Ingredients

- ½ cup almond or olive oil (can infuse with herbs first if desired)
- ¼ cup [coconut oil](#)
- ¼ cup [beeswax](#)
- Optional: 1 teaspoon Vitamin E oil
- Optional: 2 tablespoons Shea Butter or Cocoa Butter
- Optional: Essential Oils, Vanilla Extract or other natural extracts to suit your preference

Instructions

1. Combine ingredients in a pint sized or larger glass jar. I have a mason jar that I keep just for making lotions and lotion bars, or you can even reuse a glass jar from pickles, olives or other foods.
2. Fill a medium saucepan with a couple inches of water and place over medium heat.
3. Put a lid on the jar loosely and place in the pan with the water.
4. As the water heats, the ingredients in the jar will start to melt. Shake or stir occasionally to incorporate. When all ingredients are completely melted, pour into whatever jar or tin you will use for storage. Small mason jars (8 ounce) are great for this. It will not pump well in a lotion pump!
5. Use as you would regular lotion. This has a longer shelf life than some homemade lotion recipes since all ingredients are already shelf stable and not water is added. Use within 6 months for best moisturizing benefits.

Notes

A little goes a long way! This lotion is incredibly nourishing and is also great for diaper rash on baby, for eczema and for preventing stretch marks!

Recipe by Wellness Mama at <http://wellnessmama.com/3765/homemade-lotion-recipe/>

